

Ph.D Abstract

A STUDY OF RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND JOB STRESS OF SECONDARY SCHOOL TEACHERS.

Dr.P.N.Kurkure

OBJECTIVES:

1. To find out the emotional intelligence of secondary school teachers.
2. To find out the level of emotional intelligence of secondary school teachers.
3. To identify the high, moderate and low level of emotional intelligence teachers.
4. To find out the job stress of secondary school teachers.
5. To study the relationship between emotional intelligence and job stress of secondary school teachers.
6. To study the relationship between different dimensions of emotional intelligence and job stress of secondary school teachers.
7. To study the relationship between different levels of emotional intelligence and job stress of secondary school teachers.
8. To compare the emotional intelligence of male and female secondary school teachers.
9. To compare the dimensions of emotional intelligence of male and female secondary school teachers.
10. To compare the job stress of male and female secondary school teachers.
11. To compare the job stressors of male and female secondary school teachers.

HYPOTHESES:

1. There is no significant relationship between different dimensions of emotional intelligence and job stress of secondary schoolteachers.
2. There is no significant relationship between different levels of emotional intelligence and job and stress of secondary school teachers.
3. There is no significant difference between the emotional intelligence of male and female secondary school teachers.
4. There is no significant difference between the dimensions of emotional intelligence of male and female.

5. There is no significant difference between job stress of male and female secondary school teachers.
6. There is no significant difference between job stressors of male and female secondary school teachers.

RESEARCH METHODS:

Researcher has to find out the required to study the emotional intelligence and job stress of secondary teachers in present situation. So researcher used the survey method for the research, and to study the relationship between emotional intelligence and job stress the co relational method was used.

SAMPLE:

The present study was survey in nature and from the population 500 secondary school teachers were selected. The sample was selected by multi-stage sampling technique firstly for this purpose the schools have randomly selected from taluka, the number of were schools selected.

TOOLS:

In the present study the data were collected in respect of emotional intelligence and job stress of secondary school teachers. For the purpose of collection of data for present study the following tools were used.

1. Emotional Quotient test- By Dr. Dalip Singh and professor N.K. Chaddha.
2. Indore Job Stressors Scale- By Dr. Meena Buddhisagar Rathod and Dr. Madhulika Varma.

FINDINGS :

1. There was inverse relationship between emotional intelligence and job stress of male secondary teachers.
2. There was significant inverse relationship between emotional intelligence and job stress of female secondary teachers.
3. There was significant inverse relationship between emotional intelligence and job stress of secondary school teachers.

4. There was significant inverse relationship between emotional sensitivity and job stress of male secondary teachers
5. There was significant inverse relationship between emotional maturity and job stress of male secondary teachers.
6. There was significant inverse relationship between emotional competency and job stress of male secondary teachers.
7. There was positive significant relationship between emotional sensitivity and job stress of female secondary teachers.
8. There was no significant relationship between emotion maturity and job stress of female secondary teachers.
9. There was no significant relationship between emotional competency and job stress of female secondary teachers.
10. There was no significant relationship between high EQ level and job stress of male secondary teachers.
11. There was no significant relationship between average EQ level and job stress of male secondary teachers.
12. There was no significant relationship between high EQ level and job stress of female secondary teachers.
13. There was no significant relationship between average EQ level and job stress of female secondary teachers.
14. Female secondary teachers are more emotionally intelligent than male secondary teachers.
15. Female secondary teachers are more emotional sensitive than male secondary teachers.
16. Male and Female secondary school teachers are equally emotionally mature.
17. Female teachers are more emotionally competent than female secondary teachers.
18. Male and Female secondary teachers have nearly equal job stress.
19. Male and Female secondary teachers have nearly equal overloaded ness.
20. Male and Female secondary teachers have nearly equal role conflicts.
21. Male and Female secondary teachers have nearly equal powerlessness.
22. Male and Female secondary teachers have nearly equal role ambiguity.
23. Male and Female secondary teachers have nearly equal frail interpersonal relationship.